

**9TH
OCTOBER**

**HAMPTON ROADS
CONVENTION CENTER**
1610 COLISEUM DR, HAMPTON, VA 23666

5-8 PM

**COSTUMES
WELCOME!**

SOCIAL WORK SERVICES PRESENTS

**HAMPTON CITY SCHOOLS
PARENT MENTAL
WEALTH FAIR**

**JOIN
US FOR:**

**WELLNESS SESSIONS
FOOD, FUN &
GAMES GALORE!**

FREE!

**& OPEN TO THE HCS
COMMUNITY**

**TICKET & REGISTRATION NOT
REQUIRED FOR ADMISSION**



**HAMPTON CITY SCHOOLS
PARENT MENTAL
WEALTH FAIR**

MIRROR MIRROR

MASSAGING THE MIND

SHOP TALK

TRAUMA, DRAMA,
AND YOUR MAMA

SOCIAL EMOTIONAL
WELLNESS

THE CHAIR, ESCAPE ROOM
& MINDFUL FUSION

★ ★ ★ ★ **FEATURING ADULT WELLNESS SESSIONS** ★ ★ ★ ★

For more information contact Social Work Services At (757) 727-2440 or scan the QR code



HCS does not discriminate on the basis of race, color, national origin, sex, disability, age or other protected classes in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: Robbin G. Ruth, Executive Director, Human Resources, One Franklin Street, Hampton, VA 23669 757-727-2000.

